

The National Family Caregiver Support Program, established in 2000, provides grants to states and territories, based on their share of the population, to fund the range of supports that assist family and informal caregivers to care for their loved ones at home. The NFCSP is funded by Title III E of the Older Americans Act.

Serving Franklin, Granville,
Vance, Person and
Warren Counties

FAMILY CAREGIVING IN NORTH CAROLINA

More than 1.5 million North Carolinians care for a senior adult aged 60 or older. Most of that care, including running errands, house cleaning, preparing meals, doctor appointments, bathing or dressing, is provided by family and friends. This care often makes it possible for frail and disabled adults to remain in their homes rather than moving into a long-term care facility.

Although providing such care can be a rewarding experience, it can be a stressful situation. More than one-half of all caregivers are employed full time, and many have other family responsibilities. The physical, emotional and financial demands of caregiving can be simply overwhelming.

The North Carolina Family Caregiver Support Program, which is administered through the State's Area Agencies on Aging (AAAs), strives to complete the care by making information, support, and services available as needed by caregivers. Let us help you continue your important work.



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Area Agency on Aging
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FAMILY CAREGIVER SUPPORT

Caregiver Respite Voucher Program

Kerr-Tar

Area Agency on Aging

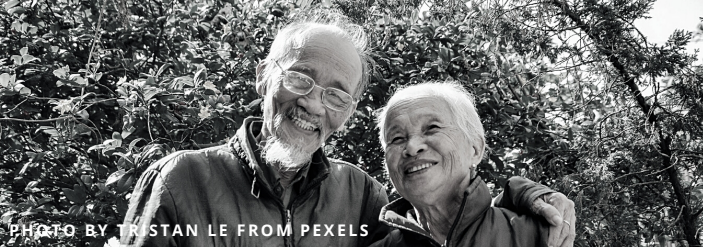


PHOTO BY TRISTAN LE FROM PEXELS

THE CAREGIVER RESPITE VOUCHER PROGRAM

HOW IT WORKS

The Respite Voucher Program is a consumer directed program in which the caregiver employs the individual of his or her choosing to provide respite care for their loved one. This can be a private individual or professional company. The caregiver and hired person will keep a time sheet record of respite hours provided. The caregiver will then submit the time sheet to the Kerr-Tar AAA for reimbursement of completed services up to a pre-approved voucher amount.

This is a reimbursement program and vouchers are based on the availability of funding. Vouchers are available in \$750 increments to eligible caregivers. Eligible caregivers may receive one \$750 voucher per year. The issued voucher will expire three months after the issue date.

HOW TO APPLY

Franklin, Granville, Person, Vance and Warren County residents can contact the Kerr-Tar Area Agency on Aging at (252) 436-2040 to inquire about available respite care vouchers.

FAQ

IF AWARDED A VOUCHER, CAN I HIRE A FAMILY MEMBER?

Yes, as long as they 1) do not reside in the same household, and 2) are over the age of 18.

WHAT IS THE RECOMMENDED PAY PER HOUR?

This is up to the caregiver, however, the average range in the Kerr-Tar Region is between \$8.00-\$16.50.

CAN I BE PAID FOR BEING A CAREGIVER IF I HAD TO QUIT MY JOB?

No, not under the respite voucher program. The voucher program is specifically to provide the caregiver a break.

CAN I BE AWARDED MORE THAN ONE VOUCHER PER YEAR?

No, caregivers may receive only one \$750 voucher per year.



Photo by Andrea Piacquadio from Pexels

FAQ

WHAT IS RESPITE?

Respite care temporarily relieves unpaid caregivers from their caregiving responsibilities allowing them to run errands, spend time away, or for self care. Under the Family Caregiver Support Program, the caregiver is the client.

WHO IS AN ELIGIBLE CAREGIVER?

Family members or other informal caregivers age 18+ providing care to those who are

- 60 years of age or older
- Any age with Alzheimer's disease or related disorders

The Older Americans Act specifies that the caregiver receiving Respite or Supplemental services must be taking care of an individual who meets the definition of "frail." Frail is defined as an individual who is functionally impaired due to:

A) Inability to perform at least two activities of daily living without substantial assistance, including verbal reminding, physical cueing, or supervision;

OR

B) A cognitive or other mental impairment, requiring substantial supervision due to potential harmful behavior toward oneself or others.