

Announcements:

- COG Board Meeting
Thursday,
November 17th
@ 7:00 p.m.
- Office Closed
November 11th
November 24th
November 25th
- TAC/TCC Board Meeting
Wednesday,
December 14th
@ 3:00 p.m.

Important Dates

Office Closures:

Kerr-Tar Regional Council of Governments will be closed on **Friday, November 11th** for Veterans Day. We will also be closed **Thursday, November 24th** and **Friday, November 25th** for Thanksgiving.

Board Meeting:

Kerr-Tar Regional Council of Governments will have their November Board Meeting on the third Thursday of November, **November 17th** at 7:00 p.m., due to the Thanksgiving holiday.

TAC/TCC Board Meeting:

The next Kerr-Tar TAC/TCC meeting is **Wednesday, December 14th** from 3:00 p.m. to 5:00 p.m. at the Kerr-Tar Office. Please check our website for updates.

Around the Region

Welcome, Colleen Puceta, our new Aging Projects Coordinator. Colleen was the Senior Program Specialist at the Grace Martin Harwell Senior Center in Little Washington for the past few years. She has several years of experience within the aging network. Colleen is a SHIIP (Senior Health Insurance Information Program) counselor, A Matter of Balance coach and has a wealth of knowledge regarding health promotion programs as well as senior center operations!



Do you live, work, or visit Granville County? We would like for you to take our survey to help us with the Granville County Transportation Plan update. Kerr-Tar has been working with Granville County, NCDOT and CAMPO to develop a Comprehensive Transportation Plan for Granville County. Please click on the link to take this short nine question survey at <http://tinyurl.com/surveygranville> by **November 18, 2016**. The answers are used only for the purpose of public input and are anonymous.

**Tax Deductible Donations
to Local Governments:**

Click [here](#) for more information.

Mobile CARE Award

Congratulations to Mary Sells of Triangle J on receiving the 2016 Individual Mobile CARE Award. Deputy Secretary Keith Weatherly of NCDOT presented Mary with the award at a ceremony held at the NC State McKimmon Center on October 18. The Mobile CARE Award recognizes transportation emission reduction efforts advancing alternative fuel and transportation technology activities at the individual and organizational levels. The Clean Fuel Advanced Technologies (CFAT) Grant Program, in which the KTCOG is a recipient, is devoted towards reducing emissions through promotion and educational outreach.



Kerr-Tar's very own, Anthony (Tony) Sumter, Mobility Manager and Regional Planner has been recognized by the North Carolina Central University Department of Public Administration for his contributions to the classroom environment as an in-service professional student. In addition to his role at the COG, Tony is furthering himself academically by completing the Evening Master of Public Administration program at NCCU.

Transportation

Prioritization 4.0 News

KTRPO Prioritization P4.0 Local Points Assignment for Division Level Projects was approved at our October 13, 2016 TAC/TCC meeting- please [click here](#) to view the approved table of projects. The Division Level Projects were submitted to the NCDOT by the October 31 deadline. The deadline for submission has been extended to November 14, 2016 because of Hurricane Matthew, allowing those in the affected areas to deal with higher priorities.

Click [here](#) to view *The North Carolina Lakes District Regional Bike Plan.*



CMAQ Update

If you are located in one of our CMAQ eligible counties (Franklin, Granville and Person) please be thinking about possible CMAQ projects. Kerr-Tar will require that you submit the projects to us well in advance of the NCDOT March 2017 deadline in order for the RPO to evaluate and prioritize the submissions. Last year, Kerr-Tar was allocated \$525,406 for CMAQ funding. We do not know the precise amount to be allocated for FFY 2018 and will keep you updated regarding the available funding and timetable for submission. For more information contact Ann Stroobant astroobant@kerrtarco.org.

The North Carolina Lakes District Regional Bike Plan was adopted by the TCC/TAC meeting in October and approved by the KTCOG Board of Directors at its monthly November meeting. Staff is now working on presenting the plan to our area Boards of County Commissioners. A copy of the plan may be accessed by clicking [here](#).

CFAT Grant

Michael Kelly, Tony Sumter, and Suja Jacob with Kerr-Tar Regional Council of Governments attended the 4th Annual Eastern North Carolina Sustainability Summit at Halifax Community College last month. The Summit included a panel discussion, demonstrations, individualized breakout sessions, and a keynote address by Dr. Rusty Stephens, past President of Wilson Community College and Ivan Urlaub of the North Carolina Sustainable Energy Association.



The Mobility Management Program at KTCOG has launched a blog to promote trending mobility issues, topics, stakeholder discussions, and other related items of interests. Please visit <https://kerrtarmobility.wordpress.com/> for mobility-related news and updates. If you have any questions or concerns please contact, Tony Sumter, Mobility Manager at: tsumter@kerrtarco.org

Planning & Economic Development

NCLM Sponsors Drone Education

Mark your calendars for [the next League-sponsored education forum](#) -- this time about drones and their implications for local government. The forum, which will feature state Rep. John Torbett among other experts on the technology, is scheduled for **Nov. 16, 9:30 a.m. to noon** at the [Neuse River Wastewater Treatment Plant meeting room, 8500 Battle Bridge Rd. in Raleigh](#). The format will include a look at the big picture with drones, a moderated panel discussion, and a question-and-answer period. Drones, also known as unmanned aerial vehicles (UAVs), have been visible in backyards, parks, festivals, and game fields for many years now. The near-future is set for exponential growth and use of drone technology. The Federal Aviation Administration (FAA) Aerospace Forecast projects an increase in sales of UAVs from 2.5 million in 2016 to 7 million in 2020. As a result, a number of states and cities have taken action to address this enticing, yet sometimes problematic, technology. In the past five years, UAVs have created their share of problems, including near collisions with piloted aircraft, interference with large-scale events and crashing into buildings, from houses to the New York State Capitol building. Moreover, commercial uses for drones are becoming more widespread and popular with public and private agencies, ranging from Realtors to inspectors to photographers. In June 2016, the FAA published regulations to govern the use of drones and established requirements for operators. These rules will create a spectrum of opportunities for redesigned traditional service offerings. Nevertheless, a proliferation in the use of drone technology will subsequently present uncharted territory for city governments. How will local policies address privacy, nuisances, trespassing, visual pollution and other public safety challenges? The League's UAV / Drone Education event will feature speakers and panelists from the Next Gen Aviation Consortium at NCSU, Brooks & Pierce law firm, NC Department of Transportation Aviation Division, Olaeris, and Clarion Associates. Parking is available on site. You may also participate remotely via webinar. [Click here to register](#). Contact League Grassroots Initiative and Civic Engagement Associate Will Brooks at (919) 715-8154 or wbrooks@nclm.org with any questions.

Brownfields Assessment Grant

The KTCOG is pleased to announce their application for a Brownfields Assessment Grant through the United States Environmental Protection Agency. This grant, if awarded, will go towards the further study, identification, and clean-up of abandoned and underutilized contaminated brownfield sites in the region. Representatives from our regional local governments will be able to offer assistance and guidance in the administration of grant funds by serving on a Brownfields Steering Committee. Mid-Atlantic Associates, Inc. of Raleigh will be working with KTOCG staff on this project. The deadline to submit this grant application for FY 2017 is December 20, 2016.



Plug-In Summit

KTCOG encourages those interested in the opportunity to talk with leading experts about charging station infrastructure, fleet vehicles, and electric vehicles to attend the Plug-In Summit on **Tuesday, November 15** from 9-11:30 at NC State University's Centennial Campus. The event is free, but registration is required. Click [here](#).

The White House has announced additional funding for broadband in rural communities and regions. Click [here](#) to learn more.

New Survey and Analysis Show Perspectives of Millennials on Economy

The importance of millennials on economic growth and development is well documented. What is often less clear is exactly what they want. A new survey released by the Economic Innovation Group highlights perspectives of this generation on key economic factors. The results of this survey and the key findings may be of use to you and your key partners as you work to design and implement regional development initiatives. To access the survey findings and summary, please click [here](#).

101 Small Ways You Can Improve Your City

It is a drum we continue to beat—you don't need to spend a huge amount of money to create a unique town. Sometimes the smallest things we can do for our neighborhoods can have the biggest impact. At Curbed, we know the power of a vegetable garden planted in a vacant lot or a library installed on a sidewalk. To share 101 urban interventions and ideas that show how even the tiniest changes can make our cities better places, we've scoured cities all around the world for small ideas with huge potential, and asked some of our favorite urban thinkers for tiny ways to make outsized transformations. And we divided them all up into six sections to help focus your efforts. We hope this serves as a resource for urban inspiration—and that you'll contribute your own thoughts in the comments. [Read more...](#)

Article Highlights Alternative Uses for Vacant Prisons to Support Community and Economic Development.

Following the Great Recession, many State prisons were shuttered, part of an effort to reduce costs. Despite good intentions, in some places vacant properties have continued to be a drain on resources and an eyesore to local communities and folks wonder what to do with the often immense properties. Several states are employing creative strategies to put these assets back to work to spur community and economic development. This article highlights a few of the examples and may provide creative ideas to jumpstart local and regional conversations about how to engage vacant malls, prisons, and mills across the state. To read the article, click [here](#).

League Launches “Here We Grow” Campaign

The League officially kicked off its [Here We Grow](#) promotional campaign on Wednesday. Some of you may have read or heard about the campaign; some of you may not. The idea behind it, though, is simple: When each of us does better, we all do better. North Carolina's economic strength is rooted in the diversity of its cities and towns -- a diversity that's the direct result of allowing residents to pursue their own unique visions and allowing municipalities to make investments that help create jobs and grow the economy. To preserve the local decision-making authority that has allowed cities and towns to prosper, it is crucial that we tell that story. As a major part of this effort, we are launching the Here We Grow website, at www.herewegrownc.org, to help provide tools to each municipality, individually, to tell about its economic successes, and to help tell the collective story of how cities and towns are working hand-in-hand with the private sector to build our state's economic foundation. This effort, though, will only work with your involvement, with municipalities working together to tell this story. The League staff wants this to be your campaign. You'll find that we have already worked with several cities and towns to include their economic success stories on the site -- we hope you will add yours. [Here We Grow website](#) was created as a crowdsourcing site. You can get a login, post a story and photo of your latest economic success, and then let the larger world know about it through the social media tools on the site. To obtain a login, send an email to: about@herewegrownc.org and you'll receive a username and password that allows you to access the site.

Workforce Development

Local Career centers have many workshops to offer in the month of November, including:

- Basic Computer Skills
- Resume Writing
- Professionalism

To see the full calendar, please click [here](#). For more information please contact Kelly Hundley at khundley@kerrtarcoq.org

NCWorks Career Centers

Do you realize the support your local businesses could receive from our workforce development professionals? If not, partner with the NCWorks Career Centers to find your next "right fit" employee. Our Certified NCWorks Career Centers provide the following services:

- Job posting;
- Job fair coordination;
- Candidate evaluation and review;
- Candidate referrals;
- Off-site interview space;
- Labor market information

Contact Lou Grillo at lgrillo@kerrtarcoq.org or 252-436-2040 for more information

Aging

Aging Sensitivity Training

Join us at the Granville County Senior Center **Tuesday, November 29th**, 2:00p.m. to 4:00p.m. for an Aging Sensitivity Training.

Being sensitive to the “feelings or the plight of the other person” is a wonderful and respectful way for humans to relate to each other. This Aging Sensitivity workshop will provide attendees the opportunity to learn how to better relate to persons with age specific or disability specific challenges.

Learn through hands on exercises and presentations ways to better relate to persons with age specific challenges and physical and mental changes that occur as we age.

Continuing Education Credits for Adult Care Home staff will be provided. **Please call (919)693-1930 to register.**

**Presented by Kim Hawkins, MSW, Regional Ombudsman. For more information or questions, contact Kim, khawkins@kerrtarcoq.org*

November Recognitions

November is National Alzheimer's Disease Awareness Month

November is a time to pause and recognize those living with Alzheimer's and their caregivers including friends and family who experience the disease every day. The Kerr Tar Area Agency on Aging is planning events during the month to celebrate, advocate and remember our loved ones who have experienced this condition. Currently, two events are planned in Warren and Vance Counties to recognize National Alzheimer's Disease Awareness Month. The Warren County Senior Center is hosting a Candlelight Reflection Ceremony on November 18th at 11a.m. Candlelight Reflections is a ceremony remembering those we have lost and honoring individuals currently living with Alzheimer's or other dementias, their dedicated caregivers and in recognition of National Alzheimer's Disease Awareness Month and National Caregivers Month. On November 15th, a Memory Café is planned at the Vance County Senior Center for member caregivers. A Memory Café is a safe and comfortable space where caregivers and their loved ones can socialize, listen to music, play games, and enjoy other activities. The Café provides mutual support where loved ones can simply enjoy a meal and fellowship.

November is National Family Caregivers Month

Governor McCrory recently signed a proclamation stating that November will be Family Caregiver Month in North Carolina. This year's theme is “Take Care to Give Care.” Caregiver's must themselves. Due to the stress of managing caregiving responsibilities, family caregivers have a disproportionate number of health and emotional problems. A healthy diet or proper nutrition is one of the most effective ways to take care of yourself. In addition, caregivers need to take time to rest and recharge. Respite care vouchers are available by contacting your local senior centers. The Kerr Tar Area Agency on Aging has a Family Caregiver Specialist who can assist families that need information on health, nutrition and area support groups.

Medicare Part D Open Enrollment Event

Do you or your loved ones have a Medicare Part D or Medicare Advantage Plan? The time to review or make changes to your plan is during the open enrollment time, October 15th – December 7th. There will be an open enrollment event on **Friday, December 2, 2016** at the Louisburg Library, 906 N. Main Street, Louisburg. Senior Health Insurance Information Program (SHIIP) Counselors will be on site to assist in reviewing plans. Call 919-496-1131 for an appointment.



Triangle North Healthcare Foundation

Triangle North Healthcare Foundation awarded Kerr Tar AAA a grant to fund our newest Evidence Based Health Promotion Program called Healthy Eating for Successful Living in Older Adults. The program is intended to educate older adults on better nutrition, physical activity, better health and cooking techniques. Classes are held once a week for six weeks. If you are interested in taking this FREE workshop, contact the AAA at 252-436-2040.

Senior Tar Heel Legislature (STHL) and Regional Aging and Advisory Committee (RAAC) Vacancies

There are several vacant positions on our STHL/RAAC Committee's. The AAA has six representatives from each of our five counties who advocate on behalf of older adults in their community. In addition, RAAC members provide guidance in developing our Area Plan and work with our agency in determining how we spend Home Care and Community Block Grant funds. This money is spent on services such as Nutrition (congregate and home delivered meals), Transportation, In Home Aid programs, Home and Housing Improvement and Senior Center Operations. Senior Tar Heels also advocate for older adults and meet three times a year in Raleigh. There is one Delegate and one Alternate for every county in the state. The STHL promotes citizen involvement and advocacy concerning aging issues before the North Carolina General Assembly and assesses the legislative needs of older adults by convening a forum modeled after the General Assembly. If you are interested in serving please call the AAA at 252-436-2040.

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We're on the Web!
See us at:
www.kerrtarcog.org

Executive Committee

Chairman
Barry Richardson
Warren County

Vice Chairman
Quon Bridges
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Treasurer
Jimmy Clayton
Person County

Sidney Dunston | Franklin County
Zelodis Jay | Granville County
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Tommy Hester | Vance County
John Alston | Warren County
Linda Jordon | Town of Butner
Eddie Ellington | City of Henderson
Joe Shearon | Town of Louisburg
Henry Daniel | City of Roxboro
Walter Gardner | Town of Warrenton

David Smith | At-Large
Bryan Pfohl | At-Large
Danny Wright | At-Large

Communities Served

Franklin County
Granville County
Person County
Vance County
Warren County

Town of Bunn
Town of Butner
City of Creedmoor
Town of Franklinton
City of Henderson
Town of Kittrell
Town of Louisburg
Town of Macon

Town of Middleburg
Town of Norlina
City of Oxford
City of Roxboro
Town of Stem
Town of Stovall
Town of Warrenton
Town of Youngsville

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Kerr-Tar
Regional Council
Of Governments



MISSION

Kerr-Tar Regional Council of Governments aims to promote regionalism that provides opportunities for local governments to enhance and improve the quality of life for our citizens through effective delivery of services and programs.